

# The Coconut Husk

## Good Morning!!

### Breakfasts

**Belizean Breakfast** \$16  
Organic free-range eggs, refried beans, and locally cured bacon served with fry jacks, tortilla or husk toast (homemade whole wheat coconut bread with garlic and herbs). Replace eggs and bacon with sautéed vegetables and avocado for vegan option.

**The Husk Breakfast** \$20  
Fried fish topped with sautéed vegetables and refried beans, served with fry jacks, tortilla or husk toast.

**BelMex Breakfast** \$16  
Organic free-range eggs scrambled in onions, tomatoes, bell peppers and smoked sausage; served with fry jacks, tortilla or husk toast.

**American Breakfast** \$16  
Organic free-range eggs and bacon served with a side of pancakes.

**Stuffed Fry Jacks or Breakfast burrito (build your own)** \$8  
Fry jacks or tortilla filled with scrambled eggs and your choice of: Cheese - \$4, Refried beans - \$3  
Ham - \$4, Sausage - \$4, Bacon - \$5, Vegetables - \$4

**Breakfast of Champions** \$22  
Bacon, sausage, organic free-range eggs, beans and grilled tomatoes; served with fry jacks, tortilla or husk toast.

**Husk Continental (Vegan)** \$16  
A bowl of tropical fruits served with husk toast or fry jacks and local jam; includes one glass of fresh juice or cup of coffee or tea.

**Chilaquiles** \$16  
Fried corn tortilla chips topped with 2 cheeses, tomato sauce, cilantro, side of avocado and over easy eggs (ask server if you prefer different style)

### Omeletts

- Vegetables \$14
  - Ham & Cheese \$16
  - Bacon & Cheese \$16
  - Vegetable, Cheese, Ham or Bacon \$17
- Served with side of fry jacks, tortilla or toast.*

### sides

- Fruit Bowl \$8
- Fry jacks or tortilla \$5
- Pancakes \$6
- Waffles \$6
- Husk toast \$5
- Corn tortillas \$4
- Locally cured bacon (3) \$6
- Ham (2) \$4
- Sausage (2) \$7
- Organic f/r eggs (2), any style \$5
- Sautéed vegetables \$5
- Refried beans \$5
- Grated cheese \$5

### drinks

- Cappuccino \$7
- Espresso \$5
- Coffee \$4
- Tea \$3
- Water \$2
- Fresh squeezed juice \$5
- Pineapple or papaya, banana & coconut smoothie. \$10
- Sea Moss Shake \$12
- Super Beets Smoothie \$12
- Chocolate Peanut Butter \$12
- Banana Protein Shake
- Bloody Mary \$14
- Mimosa \$14

**Prices in Belize dollars.  
Thank you!**